



## COURSE OUTLINE: PFP102 - PSYCHOLOGY

Prepared: Social Sciences Department

Approved: Karen Hudson - Dean

<b>Course Code: Title</b>	PFP102: PSYCHOLOGY
<b>Program Number: Name</b>	
<b>Department:</b>	SOCIAL SCIENCES
<b>Academic Year:</b>	2025-2026
<b>Course Description:</b>	In this introductory level course, students learn to apply basic psychological concepts including scientific methods, biological bases of behavior, perception, states of consciousness, and consequences of human behaviour including neuro-diverse behaviour.
<b>Total Credits:</b>	3
<b>Hours/Week:</b>	3
<b>Total Hours:</b>	42
<b>Prerequisites:</b>	There are no pre-requisites for this course.
<b>Corequisites:</b>	There are no co-requisites for this course.
<b>Substitutes:</b>	OEL109, PSY102
<b>Essential Employability Skills (EES) addressed in this course:</b>	<p>EES 1 Communicate clearly, concisely and correctly in the written, spoken, and visual form that fulfills the purpose and meets the needs of the audience.</p> <p>EES 2 Respond to written, spoken, or visual messages in a manner that ensures effective communication.</p> <p>EES 5 Use a variety of thinking skills to anticipate and solve problems.</p> <p>EES 6 Locate, select, organize, and document information using appropriate technology and information systems.</p> <p>EES 7 Analyze, evaluate, and apply relevant information from a variety of sources.</p> <p>EES 8 Show respect for the diverse opinions, values, belief systems, and contributions of others.</p> <p>EES 9 Interact with others in groups or teams that contribute to effective working relationships and the achievement of goals.</p> <p>EES 10 Manage the use of time and other resources to complete projects.</p> <p>EES 11 Take responsibility for ones own actions, decisions, and consequences.</p>
<b>Course Evaluation:</b>	<p>Passing Grade: 60%, C</p> <p>A minimum program GPA of 2.0 or higher where program specific standards exist is required for graduation.</p>
<b>Books and Required Resources:</b>	<p>PSYCH with MindTap Package by Rathus, Maheu and Veenvliet Publisher: Cengage Learning Edition: 5th ISBN: 9781778410796</p>



**Course Outcomes and Learning Objectives:**

<b>Course Outcome 1</b>	<b>Learning Objectives for Course Outcome 1</b>
1. Evaluate research methods.	1.1 Discuss the different perspectives from which psychologists examine behaviour and mental processes 1.2 Explain the importance of proper sampling and ethics in research 1.3 Contrast case study, survey, naturalistic observation, correlation, and experimental methods
<b>Course Outcome 2</b>	<b>Learning Objectives for Course Outcome 2</b>
2. Describe the neural and hormonal systems.	2.1 Describe the structure of neurons and explain how they communicate 2.2 Identify the major divisions of the nervous system and describe their functions 2.3 Describe the nature and function of the endocrine system 2.4 Identify the structures of the brain and discuss their respective functions
<b>Course Outcome 3</b>	<b>Learning Objectives for Course Outcome 3</b>
3. Contrast processes of sensation and perception.	3.1 Describe the senses of vision hearing touch taste smell and the movement and position of the body 3.2 Explain the basic principle of perceptual organization 3.3 State the claims of ESP and explain why research psychologists remain sceptical
<b>Course Outcome 4</b>	<b>Learning Objectives for Course Outcome 4</b>
4. Describe various states of consciousness.	4.1 Discuss the nature of consciousness 4.2 Describe the cyclical nature, functions and disorders of sleep 4.3 Identify the content and functions of dreams and day dreams 4.4 Explain the nature and uses of hypnosis 4.5 Describe the physiological and psychological effects of specific drugs and the factors that contribute to their use
<b>Course Outcome 5</b>	<b>Learning Objectives for Course Outcome 5</b>
5. Compare learning methods.	5.1 Explain the processes of classical conditioning including acquisition, extinction, spontaneous recovery, generalization and discrimination 5.2 Explain the processes of operant conditioning including shaping, extinction and reinforcement 5.3 Discuss the effects of punishment on behaviour 5.4 Explain cognitive learning theory
<b>Course Outcome 6</b>	<b>Learning Objectives for Course Outcome 6</b>
6. Discuss basic concepts of motivation.	6.1 Identify several theories of motivation 6.2 Contrast extrinsic and intrinsic achievement motivation
<b>Course Outcome 7</b>	<b>Learning Objectives for Course Outcome 7</b>
7. Compare theories of personality development.	7.1 Describe the psychoanalytical, trait, humanistic and social-cognitive perspectives on personality and evaluate their



	strengths and weaknesses 7.2 Examine the techniques utilized to assess personality
<b>Course Outcome 8</b>	<b>Learning Objectives for Course Outcome 8</b>
8. Describe various psychological disorders and their treatment.	8.1 Discuss the prevalence of psychological disorders and the controversy surrounding the use of diagnostic labels 8.2 Compare and contrast the current perspectives on the causes of neuro-diverse behaviour 8.3 Describe the causes, symptoms and treatment of anxiety, somatoform, dissociative, mood, schizophrenia personality, cognitive and sexual and gender identity disorders 8.4 Evaluate the effectiveness of the major psycho-therapies and biomedical therapies

**Evaluation Process and Grading System:**

<b>Evaluation Type</b>	<b>Evaluation Weight</b>
Application Activity (Chapter 5)	5%
Assignment(s)	25%
Class Activities	5%
Take Home Quiz (Chapter 5)	5%
Tests x 4 (In-Class)	60%

**Date:**

June 17, 2025

**Addendum:**

Please refer to the course outline addendum on the Learning Management System for further information.

